From

Creamy Shea Butter Unscented Bastille Soap (coconut free)

<https://thenerdyfarmwife.com/mild-unscented-soap-recipes/>

* 8 oz (227 g) distilled water (or aloe liquid)
* 3.55 oz (101 g) sodium hydroxide (lye)
* 21 oz (595 g) olive oil (75%)
* 4.5 oz (128 g) shea butter (16%)
* 2.5 oz (71 g) castor oil (9%)

**Recipe Oils, Fats and Waxes**

| **Oil** | **%** | **Grams** |
| --- | --- | --- |
| [Olive Oil](https://www.soapmakingfriend.com/ingredients/oils/88.olive-oil) | 74.94 | 74.94 |
| [Shea Butter](https://www.soapmakingfriend.com/ingredients/oils/127.shea-butter) | 16.12 | 16.12 |
| [Castor Oil](https://www.soapmakingfriend.com/ingredients/oils/26.castor-oil) | 8.94 | 8.94 |
| **Total** | **100** | **100** |

**Recipe Totals**

|  |  |
| --- | --- |
| Liquid Required | 25.37 g |
| NaOH Weight at 99 % Purity | 12.68 g |
| Oil Weight | 100 g |
| Super Fat | 5 % |
| Total Batch Weight | 138.05 g |
| Lye Concentration | 33.33 % |
| Liquid : Lye Ratio | 2:1 |
| Saturated : Unsaturated | 20:80 |